

GJDL & JDL 2025 Season



GJDL & JDL Philosophy

1. Develop people and players for Northern Tigers FC Youth teams and Senior teams (and beyond).
2. Provide a positive and enjoyable learning environment for the players.
3. Primary focus is on individual player development and understanding of the game within in a team context.
4. Long-term player development outcomes are more important than short-term performance fluctuations.
5. Players are encouraged to be competitive and win games but not at the expense of our principles and long-term development objectives.

These principles are reflected in our player selections, style of play, coaching style and program structure.

- Players earn game time through effort, commitment, winning mentality
- Players are encouraged to make decisions for themselves
- Mistakes are viewed as learning opportunities that can accelerate development when combined with a growth mindset
- Game sense approach to training
- Individual player development opportunities
- Players will have an opportunity to play in all playing positions, including Goalkeeper in the absence of a dedicated Goalkeeper
- Match day teams are of a similar/equal ability in each age group (JDL)
- Players are rotated between teams on a regular basis (JDL)

Further reading:

https://www.sportaus.gov.au/p4l/game_sense_approach

<https://advancedathletesperformance.com.au/programs/long-term-athlete-development-ltad/>

[https://historicsite.fryclubjfc.co.uk/FCJ_Stuff/Website_Navigation/Downloads/The FA's Long-Term Player Development \(LTPD\) Model.pdf](https://historicsite.fryclubjfc.co.uk/FCJ_Stuff/Website_Navigation/Downloads/The_FA's_Long-Term_Player_Development_(LTPD)_Model.pdf)